



📌 Online Form - **Interrelate Year 6 - Personal Health and Development**

Activity Name:	Interrelate Year 6 - Personal Health and Development
Date/Time:	<ul style="list-style-type: none"> • Thursday 1 May 2025 9:30am - 12:55pm • Thursday 8 May 2025 9:30am - 12:55pm • Thursday 15 May 2025 9:30am - 12:55pm
Description:	<p>Interrelate, in conjunction with Penshurst Public School, is offering a course for students in Year 6 to prepare them for High School. 'Moving into the Teen Years' explores a range of adolescent issues and offers a comprehensive sexuality and relationship education program designed specifically for this important time in life.</p> <p>The Program - Three 90-minute sessions conducted during school hours</p> <ul style="list-style-type: none"> • A wide variety of creative activities and teaching methods are used during the 'Moving into the Teen Years' program. These include: a take home workbook to encourage parental involvement; detailed visual presentations; class discussions; written and verbal questions; games and other activities. • At an age when talking about sex with adults can be embarrassing, Interrelate ensures it is not only informative but also an enjoyable learning experience. <p>Session 1: Understanding My Body Session 2: Respectful Relationships Session 3: Taking Charge</p> <p>Please note: The cost of the course is inclusive of all sessions. If a session is missed through absence, illness or extra-curricular activity, unfortunately we are unable to refund the full or partial cost of the program.</p> <p>Program Focus</p> <ul style="list-style-type: none"> • Revisit development at puberty • Outline the process of human reproduction, including conception, foetal development and birth • Explore respectful relationships with self, friends and family

- Enhance students' self-esteem, communication and decision-making skills in relation to taking responsibility, taking care of themselves and respecting others
- Assist students to become aware of the influences on their personal choices and the potential consequences of those choices
- Raise awareness of technology and its influence on teens, including strategies for cybersafety
- Discuss expectations in high school.

Parent Information Session - A One hour meeting via Zoom

Time: 7.00-8.00pm on Tuesday 1st of April, 2025

The Interrelate program will be explained to parents by a skilled Interrelate teacher, Ms Salee Grant.

She will demonstrate the resources and teaching methods used throughout the student programs including visual presentations, curriculum documents and books for sale. Parents will have the opportunity to ask questions about the program.

This cost of the online zoom session will be covered by the fee for your child's program so will not be an extra cost to you. Please register using the link below.

<https://events.humanitix.com/penshurst-ps-primary-school-information-session-1st-april-2025> (<https://events.humanitix.com/penshurst-ps-primary-school-information-session-1st-april-2025>)

Please sign the permission note and pay the enrolment fee by Friday 4th April 2025.

Cost:	\$57.00
Venue:	Penshurst Public School
Dress Code:	School uniform
Please Bring:	Nothing extra is required
Due Date:	Friday 4 April 2025

* indicates a required field

I have read the above details and give consent for my child, to attend the Interrelate Year 6 - Personal Health and Development *

Yes No

Student Name:

Parent/Carer Name: *

Parent/Carer Phone Number: *

Parent/Carer Signature: *

Please note: Once you have submitted this consent form, payment can be made via the 'Make Online Payment' button located on this page.