

${\cal Q}$ Online Form - Interrelate Year 6 - Personal Health and Development

Activity Name:	Interrelate Year 6 - Personal Health and Development
Date/Time:	 Tuesday 7 May 2024 9:30am - 11:00am Tuesday 14 May 2024 9:30am - 11:00am Tuesday 21 May 2024 9:30am - 11:00am
Description:	Personal Health and Development. A comprehensive sexuality and relationship education program tailored specifically for Year 6 students. Interrelate, in conjunction with Penshurst Public School, is offering a course for students in Year 6 to prepare them for High School. 'Moving into the Teen Years' explores a range of adolescent issues and offers a comprehensive sexuality and relationship education program designed specifically for this important time in life.
Cost:	\$49.00
Venue:	Penshurst Public School
Dress Code:	School uniform
Educational Outcomes:	The Program - Three 90-minute sessions conducted during school hours: • A wide variety of creative activities and teaching methods are used during the 'Moving into the Teen Years' program. These include: a take home workbook to encourage parental involvement; detailed visual presentations; class discussions; written and verbal questions; games and other activities. • At an age when talking about sex with adults can be embarrassing, Interrelate ensures it is not only informative but also an enjoyable learning experience. Session 1: Understanding My Body Session 2: Respectful Relationships Session 3: Taking Charge
Additional Information:	Program Focus Revisit development at puberty Outline the process of human reproduction, including conception, foetal development and birth Explore respectful relationships with self, friends and family Enhance students' self-esteem, communication and decision-making skills in relation to taking responsibility, taking care of themselves and respecting others Assist students to become aware of the influences on their personal choices and the potential consequences of those choices

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	Raise awareness of technology and its influence on teens, including strategies
	for cybersafety
	Discuss expectations in high school.
	***** Please note: The cost of the course is inclusive of all sessions. If a session
	is missed through absence, illness or extra-curricular activity, unfortunately we
	are unable to refund the full or partial cost of the program.*******
Due Date:	Friday 3 May 2024
	* indicates a required field
and Development *	re details and give consent for my child, to attend the Interrelate Year 6 - Personal Health
○ Yes ○ No	
Student Name:	
Parent/Carer Name:	; *
Parent/Carer Phone	Number: *
dicity outer i none	Trumber.
Parent/Carer Signat	ure: *
Please note : Once you button located on th	ou have submitted this consent form, payment can be made via the 'Make Online Payment' nis page.