

Online Form - Interrelate Year 5 - Personal Health and Development

Activity Name:	Interrelate Year 5 - Personal Health and Development
Date/Time:	 Tuesday 7 May 2024 9:30am - 11:00am Tuesday 14 May 2024 9:30am - 11:00am Tuesday 21 May 2024 9:30am - 11:00am
Description:	Personal Health and Development. A comprehensive sexuality and relationship education program tailored specifically for Year 5 students. Interrelate, in conjunction with Penshurst Public School, is offering a course for students in Year 5 to prepare them for puberty. 'Moving into the Teen Years' explores a range of adolescent issues and offers a comprehensive sexuality and relationship education program designed specifically for this important time in life.
Cost:	\$49.00
Venue:	Penshurst Public School
Dress Code:	School uniform
Educational Outcomes:	The Program Three 90-minute sessions conducted during school hours; • A wide variety of creative activities and teaching methods are used during the 'Moving into the Teen Years' program. These include: a take home workbook to encourage parental involvement; detailed visual presentations; class discussions; written and verbal questions; games and other activities. • At an age when talking about sex with adults can be embarrassing, Interrelate ensures it is not only informative but also an enjoyable learning experience. Session 1: It's all about Me Session 2: My Changing Body Session 3: My Changing Relationships
Additional Information:	Program Focus • Acknowledge personal differences and promote respect for, and acceptance of, others • Increase awareness of personal safety and protective behaviours • Develop students' understanding of physical development at puberty, and provide strategies for managing these changes • Discuss different types of relationships and strategies for managing conflict

024, 11.00	****Please note: The cost of the course is inclusive of all sessions. If a session
	is missed through absence, illness or extra-curricular activity, unfortunately we
	are unable to refund the full or partial cost of the program.****
Due Date:	Friday 3 May 2024
	* indicates a required field
have youd the above	
nave read the above and Development *	e details and give consent for my child, to attend the Interrelate Year 5 - Personal Health
Yes O No	
Student Name:	
Parent/Carer Name:	*
Parent/Carer Phone	Number: *
Parent/Carer Signatu	ıre: *
Please note: Once yo	ou have submitted this consent form, payment can be made via the 'Make Online Payment'
outton located on thi	s page.